This institution is an equal opportunity provider & employer! On line payments: www.myschoolbucks.com Visit: www.myplate.gov

Monson Schools
August & Sept. 2017

Choice of 8fl oz. Milk
100% 4 oz. Fruit Juice
**Whole Grain Products*
Menu subject to change without notice!

Breakfast Prices
$1.25 – Day
$26.25 – Aug & Sept
$13.25 – ½ Month
$6.25 – Week
Reduced Price $0.30 Daily
$6.30 – Aug & Sept

Students must pick 3
One grain or meat/meat alternative
One fruit or juice
One milk choice

8 oz. Milk choices available
No fat chocolate
Skim white
1% white
Lactaid

Attention
Unless you hear from us we will need a new application within 30 days for benefits of free or reduced to continue. Questions call 413*267*4158
Monson School District has a no charging policy.
To view your child/children account, set up low balance alerts for free or make payments for a small transaction fee. Please visit www.myschoolbucks.com

Milk - $0.60
Bottled Water - $1.00

Monday	Tuesday	Wednesday	Thursday	Friday
Please Note The breakfast menu and price is the same for all 3 schools.		**30** Chef's Choice Or Assorted Cereal Bowls or Bars Yogurt, Fruit, Juice & Milk	**31** Chef's Choice Or Assorted Cereal Bowls or Bars Yogurt, Fruit, Juice & Milk	**September 1** ***Schools Closed Labor Day Weekend***
4 ***Schools Closed Labor Day Weekend*** 	**5** Chef's Choice Or Assorted Cereal Bowls or Bars Yogurt, Fruit, Juice & Milk	**6** **Warm Wednesday** Assorted Bagels w/ cream cheese Or Assorted Cereal Bowls or Bars Yogurt, Fruit, Juice & Milk	**7** Assorted Danish / Muffin Or Assorted Cereal Bowls or Bars Yogurt, Fruit, Juice & Milk	**8** Chef's Choice Or Assorted Cereal Bowls or Bars Yogurt, Fruit, Juice & Milk
11 Pop Tarts Or Assorted Cereal Bowls or Bars Yogurt, Fruit, Juice & Milk	**12** **Toasty Tuesday** Pancakes in their own pouch Or Assorted Cereal Bowls or Bars Yogurt, Fruit, Juice & Milk	**13** **Warm Wednesday** Assorted Bagels w/ cream cheese Or Assorted Cereal Bowls or Bars Yogurt, Fruit, Juice & Milk	**14** Assorted Danish / Muffin Or Assorted Cereal Bowls or Bars Yogurt, Fruit, Juice & Milk	**15** Chef's Choice Or Assorted Cereal Bowls or Bars Yogurt, Fruit, Juice & Milk
18 Pop Tarts Or Assorted Cereal Bowls or Bars Yogurt, Fruit, Juice & Milk	**19** ***Early Release Day No Lunches Served*** French Toast Sticks Brown & Serve Sausage Or Assorted Cereal Bowls Yogurt, Fruit, Juice & Milk ***Come join us for breakfast!***	**20** **Warm Wednesday** Assorted Bagels w/ cream cheese Or Assorted Cereal Bowls or Bars Yogurt, Fruit, Juice & Milk	**21** Assorted Danish / Muffin Or Assorted Cereal Bowls or Bars Yogurt, Fruit, Juice & Milk	**22** Chef's Choice Or Assorted Cereal Bowls or Bars Yogurt, Fruit, Juice & Milk
25 Pop Tarts Or Assorted Cereal Bowls or Bars Yogurt, Fruit, Juice & Milk	**26** **Toasty Tuesday** Pancakes in their own pouch Or Assorted Cereal Bowls or Bars Yogurt, Fruit, Juice & Milk	**27** **Warm Wednesday** Assorted Bagels w/ cream cheese Or Assorted Cereal Bowls or Bars Yogurt, Fruit, Juice & Milk	**28** Assorted Danish / Muffin Or Assorted Cereal Bowls or Bars Yogurt, Fruit, Juice & Milk	**29** Chef's Choice Or Assorted Cereal Bowls or Bars Yogurt, Fruit, Juice & Milk

Questions? Call (413) 267-4158 Melody Gustafson – Food Service Director gustafsonm@monsonschools.com