

MONSON HIGH SCHOOL

Physical Education Waiver Options

Starting with the Class of 2013 the MHS requirement is for students to take PE in each of their four years in high school. However for students who only wish to take one five credit PE course, the following waiver options would be available:

1. Junior Varsity/Varsity athlete involved in a Monson High School sponsored athletic program.
2. Students who participate in an organized out-of-school athletic type of activity such as dance, gymnastics, hockey or other aerobic activity. Such activity must meet a minimum of 90 hours over the course of a school year to be eligible for this waiver.

In each case the student would have to complete an official waiver request form which would be signed by the student, parent, counselor, principal, coach/supervisor and PE department representative.



**MONSON HIGH SCHOOL
PHYSICAL EDUCATION WAIVER FORM**

DATE: _____

I _____ will participate in _____
STUDENT NAME SPORT/ACTIVITY

to complete my fourth year of the Physical Education requirement. My progress will be supervised by

_____ who, as the coach/supervisor of _____,
COACH/SUPERVISOR NAME SPORT/ACTIVITY

is responsible for ensuring the completion of the above mentioned sport/activity.

EXPECTED START DATE

EXPECTED END DATE

STUDENT SIGNATURE

COACH/SUPERVISOR SIGNATURE

PARENT SIGNATURE

COUNSELOR SIGNATURE

P.E. DEPARTMENT SIGNATURE

PRINCIPAL SIGNATURE



CERTIFICATION OF COMPLETION

I _____ completed the _____
STUDENT NAME SPORT/ACTIVITY

on _____
DATE

STUDENT SIGNATURE

COACH/SUPERVISOR SIGNATURE